



**ACE RMO Intake  
2024 Training Year  
South Canterbury DHB  
Employer Information Sheet**



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# South Canterbury DHB

## Contact

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## Why South Canterbury DHB? (RMO Feedback)

- Lifestyle-work balance is good here
- Only 4 registrars + a few medical students you gain way more experience
- Opportunity for direct hands on experience with the Consultants
- You feel like a valued member of the team, not just a paper pusher
- Where else will you go straight from manipulating a femur in orthopaedic theatre to holding the camera in a laparoscopic appendectomy
- Whatever run you do, there are always opportunities to branch out and see a wide range of clinical scenarios

## Attractions to the Region

- Large picturesque coastal town
- Central Location – approx. 2 hours from Christchurch and Dunedin
- Many outdoor recreation opportunities, such as boating, surfing, camping, tramping, climbing and skiing
- Within easy reach of sea, lakes, rivers and mountains
- SCDHB Tekapo Holiday Home
- Good range of pubs/bars, cafes and restaurants
- Multiplex Movie Cinema

## Selection Criteria

As a relatively small team of RMO's, candidates need to have a reasonably high level of academic achievement and clinical competence. Most importantly candidates must be able to demonstrate the following characteristics:

- Supportive team member
- Flexible attitude and Resilience
- Self-confident but aware of limitations
- Excellent communication skills
- Understanding of the Timaru hospital environment
- Strong desire to work here

Cover letters are helpful to show your knowledge of the environment provided at SCDHB and explain why you would like to be part of our team.

Referee reports carry considerable weight and the RMO & CD Support Manager is keen to talk to anyone interested in working here.

## Positions Available

The number of positions expected per DHB will be released on the ACE RMO website during 2022.

### **PGY1 Runs**

- General Surgical/Urology
- General Surgical/Pain/ENT
- General Surgical/Ophthalmology
- General Surgical/Dental
- General Medical
- General Medical/Age Care
- Orthopaedics

### **PGY2 Runs**

- As above +
- Obstetrics and Gynaecology
- Emergency Department
- Paediatrics
- Anaesthetics
- Medical Relief
- Surgical Relief
- Night Relief
- Community GP
- Community Mental Health/ Inpatients

### **Late Starts**

Late starts cannot be facilitated at our DHB. Successful applicants are required to commence work at the start of the training year in January.

### **Vocational Training**

We are currently accredited in Rural Emergency Medicine Training Registrar which can offer a 6-month placement. The Diploma of Obstetrics & Gynaecology can offer a 6-month placement plus Paediatric Diploma in Child Health.

### **Regular House Officer Teaching**

House Officers have 2 hours per week protected teaching time.

### **Rosters**

Rosters vary across the specialities however to give you an idea:

- 1 long day per 1.5 weeks (0800-2200)
- 1 in 3 weekends (0800-2200 and 0800-1600)
- 1 in 4-night duties worked in sets of no more than 4 consecutive nights
- Medical/Surgical Runs – on average 1 in 3 weekends are rostered

### **PGY1 Average Pay 2023**

Union dependant and pending a run review due 18.04.2022